



## **WAXING INFORMATION AND AFTERCARE ADVICE**

Waxing removes not only hair but also the outer most layer of the skin and 'acid mantle'. The acid mantle is the skin's natural defence against infections and bacteria. A warm bath with a quarter cup of cider vinegar can help restore the acid mantle.

Waxing exposes the pores in the skin for up to 48 hours so you need to protect yourself from infection and treat the waxed area like mild sunburn.

### **Before the wax (to prepare you and your skin)**

- ❖ Please ensure your personal hygiene is exemplary especially if being waxed in any intimate areas. Your therapist also adopts exemplary personal hygiene
- ❖ You will be required to complete a 'Client Consultation' form at your first visit. For follow up visits please advise your therapist if there are any changes eg cuts, bruises, scars, infections, change in medication, allergies etc
- ❖ If you trim or clipper your hair, you need to let it grow to 5mm
- ❖ Avoid sunburn (this applies to everyday life but more so if you are being waxed)
- ❖ Exfoliate your skin the night before and moisturise to ensure your skin is supple
- ❖ Drink plenty of water up to 24 hours before your appointment as this helps to keep you hydrated
- ❖ Avoid alcohol and recreational drugs
- ❖ If you are unwell up to 48 hours before the wax treatment please make another appointment as you may feel the effects of the wax more and your therapist does not want to be exposed to any bacteria or infections

### **During the wax (to put you at ease)**

- ❖ For the legs, arms, chest, back and shoulders we use a warm wax roll on and wax strips. For the underarm and genital area we use hot wax and a spatula. Both are made from natural ingredients, are good quality and strong especially for the male client
- ❖ We recommend you don't wear your best clothes. Only the area being waxed needs to be exposed but as a precaution you are welcome to remove any articles of clothing to avoid getting wax on them, you will be covered appropriately
- ❖ Waxing is not entirely pain free but we adopt 'best practice' to make it as comfortable for you as we can
- ❖ We use the most efficient and effective method for waxing and won't put you in any awkward or uncomfortable positions
- ❖ Occasionally male clients may get an erection during the Manzillian wax treatment, it is not very common but is perfectly normal however the sensation soon disappears. If this happens your therapist will be discreet and there is no need to be embarrassed

- ❖ Your skin may go red and spotty / blotchy – this is a normal reaction and will calm down and be back to normal within a few hours

#### **After the wax (to look after your skin and to avoid ingrown hairs)**

- ❖ Warm shower only (not hot or cold)
- ❖ Do not use any soaps or perfumes for 24 hours
- ❖ Exfoliate twice a week (either with a scrub or gloves)
- ❖ Moisturise every day until the new hairs grow
- ❖ Do not use any deodorants for up to 24 hours if underarms have been treated
- ❖ Do not use make up for 24 hours if face has been waxed
- ❖ Avoid UVA and UVB and always use a sun screen with at least an SPF 30
- ❖ Avoid wearing tight fitting clothing
- ❖ Do not use a swimming pool or spa for 48 hours
- ❖ Do not rub the waxed area as bacteria from fingers can infect the skin
- ❖ Avoid intimate relations for 24 hours if you have been waxed in the genital area

#### **FAQ's**

##### **Does Ribbonwood Country House cater to female and male clients?**

Yes.

##### **What is a Manzillian?**

Manzillian is made up word which refers to the removal of hair in the genital area of a male, this includes the pubic area, shaft of the penis, scrotum and peri-anal area. There can be many different forms of a Manzillian – it depends on the needs of the clients and can be adapted to suit for example, a client may want to be waxed in the peri-anal area plus scrotum and the shaft of the penis and may want to leave some of the hair in the pubic area. Your therapist can accommodate your requests. The cost for this service is \$75.00

##### **What is a “Manzillian maintenance”?**

If you have had a Manzillian and return every 6 weeks it is just maintaining that waxed area and generally does not take as long as the first Manzillian. The cost for this service is \$50.00

##### **What is a BCS?**

This is a Back, Crack and Sack. Literally interpreted it is a back wax followed by a butt crack wax and the scrotum – this includes the peri-anal area but a buttock wax is optional and an extra charge. The cost for this service is \$65.00 and a buttock wax is \$20.00 extra.

##### **Is there an age restriction for waxing?**

If you are under the age of 18 years we need parental permission.

##### **Can I bring a support person with me?**

Yes you can but please check with your therapist first to ensure there is sufficient seating. As your therapist works from both sides of the body, your companion won't be able to sit next to the client.